

THE EATERY

All Day Dining By Flow

BREAKFAST

Eggs & Morning Plates

EGGS ANY STYLE ^{E, V, GF, LF} Poached, fried, or scrambled with your choice of toast	40
VEGETABLE EGG OMELETTE ^{E, V, GF, LF} Stuffed with mixed vegetables and cheese	45
SHAKSHUKA ^{E, D, V, S} Poached eggs in tomato and bell pepper stew, served with warm bread	65
EGGS BENEDICT ^{E, D} Poached eggs, English muffin, hollandaise, turkey ham	61
KETO BREAKFAST ^{E, D, GF} Avocado, boiled eggs, grilled chicken, roasted vegetables	68
VEGAN BREAKFAST ^{S, LF, V, VG} Tofu scramble, sautéed spinach, mushrooms, avocado, roasted tomato	65
BIG BREAKFAST ^{E, D} Eggs, turkey sausage, grilled tomato, mushrooms, hash browns, toast	72
SAVOURY STACK PACK ^{E, D, N} Veggie rosti, baked portobello mushroom, house guacamole, sunny side egg, herb oil, toasted sunflower & pumpkin seeds, tomato tuille	68

Specialty Plates

FRESHLY BAKED STUFFED CROISSANTS ^{E, D, N, SE} Wholemeal croissants filled with egg, cheese, or turkey	TURKEY 40 SALMON 45
MUSHROOM & RICOTTA TARTINE ^{E, D, SE} Poached egg, sautéed mushrooms, kale on multigrain bread	56
MULTI-GRAIN SUNRISE WRAP ^{E, D} Stuffed with green salad, pico de gallo and vegan cheese	60
GOLDEN-BAKED TURKISH SIMIT & EGG ^{E, D, N, SE} Poached egg, simit bread, garlic & za'atar yogurt, harissa potatoes	65

Grains & Oats

AMARANTH, QUINOA & BARLEY PORRIDGE ^{V, D, N} Topped with banana, kiwi, peach and seasonal berries	42
PULLED BEEF & EGGS ON GRANARY BREAD ^{D, E, SE} Braised beef brisket, fried egg, coconut mayo	63
ROASTED NUT GRANOLA ^{D, V, N, SE} Roasted seeds, nuts, oats, honey, yoghurt	35

(V) Vegetarian (N) Nuts (VG) Vegan (E) Egg (SF) Shellfish (F) Fish (S) Soy (SE) Sesame Seeds (D) Dairy (R) Raw (LF) Lactose Free (GF) Gluten Free
Please be advised that food prepared here may contain or have come in to contact with nuts, fish, eggs, milk or gluten. Therefore, if you have a food allergy or a special dietary requirement please inform a member of staff prior to placing your order. All prices are in UAE Dirhams and inclusive of 10% service charge & 5% VAT.

BEVERAGES

Smoothies

BANANA BLIND DATE ^N Date, banana, almond mylk, oats	30	PEANUT BUTTER CUP ^{N, S} Homemade peanut butter, banana, soy mylk, oats	30
SUPERFOOD SMOOTHIE Mixed berries, chia seeds, beetroot, coconut mylk	35	TROPICAL BREEZE ^N Pineapple, coconut mylk, lemon juice, fresh mint	30
DETOX SMOOTHIE Lemon, mint, spinach, avocado	32		

Juices

ORANGE	25	GREEN APPLE	25
MINT LEMONADE	25	PINEAPPLE	25

Coffee

ESPRESSO ^{Single}	18	SPANISH LATTE	28
ESPRESSO ^{Double}	20	MOCHACCINO	26
ESPRESSO MACCHIATO ^{Single}	18	CAPPUCCINO	25
ESPRESSO MACCHIATO ^{Double}	20	FLAT WHITE	25
AMERICANO	22	CORTADO	20
LATTE	25	DECAF	+8

Substitute for plant based milk - choice of oat, almond, soy or lactose free for AED 5

Hot Drinks

HOT CHOCOLATE	25	MATCHA LATTE	30
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Tea

ASSAM BREAKFAST	20	FRESH MINT	20
EARL GRAY	20	CAMOMILE	20
GREEN	20	JASMINE	20

Water

STILL	10	SPARKLING	18
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